Sending a Little Love This Holiday Season

An Art Exhibition by Jessica Schneiders & An Interview with the CWC’s Goodwill Ambassador, Mary Gant

Enjoy Recipes for Several Holiday Favorites

Read All About CWC Activity Group Happenings Around Caltech with the Caltech Post Office

Letter Writing Prompts for Snail Mail Inspiration
The mission of the Caltech Women’s Club shall be to promote friendship and the sharing of mutual interests and to provide service and cultural enrichment to the wider Caltech community.

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A very special thank you to Edie Tyebkhan for the lovely bird pictures on pages 8 & 9.

Thank you to the Caltech Archives for permission to publish the pictures on page 29.
As I was putting this volume of the Bulletin together, I was continually reminded of the connection between recipes and letters. Both are written by hand, shared, and sometimes even passed down through generations.

Letters and recipes bring us together and allow us to share some of who we are with the people around us. While reading through the recipes that were shared in this volume and thinking about the cards and packages often sent this time of year, I couldn’t help but reflect on the way that both a handwritten letter or a homemade meal are emissaries of love and friendship. I was also continually drawn to remembering the ways that these tangible expressions of love are often front and center in our holiday celebrations.

It delights me to think about the way that writing letters, wrapping packages, searching through recipes, or preparing favorite family meals all give us space and time to slow down and savor moments. Perhaps you have a family recipe you have been wanting to make for ages, or maybe you have a friend who you would love to write. Maybe you are looking forward to enjoying a quiet lunch with a friend, or maybe you are eagerly awaiting a house full of noisy laughter. Whatever this season looks like for you, I hope it is filled with time to savor the beautiful moments and share a little friendship and love with the people around you.

Brooke
Since I became president, I have traversed the Lower Arroyo with the Scenic Walkers, ventured to the Huntington Library gardens with the intrepid Urban Explorers, chortled at the witticisms of 18th century English playwright, David Garrick, with the Playreaders, hobnobbed with the young moms and children of the Playgroup, swapped stories and plenty of laughs with the Virtual Wine & Cheese group, actively participated as a CHATS docent, and met with many of you over the summer at multiple “member socials” at the Rath Al Fresco. I communicated via email for the purpose of introduction and to determine how best the CWC board of directors can support you. I have been so impressed by the energy and commitment you devote to your groups and the wide range of CWC offerings and member interests.

As the year ends and the holidays approach, our membership celebrates in a variety of ways. When I was growing up how my family celebrated was, “it depends.” I grew up bilingual and bicultural in the U.S. and Mexico, and when in the U.S. we observed American customs. In Mexico we traveled to my maternal grandmother’s house in a small town in the Pacific coast state of Nayarit. My grandmother, Maria de Jesus Garcia, was a licensed pharmacist and business owner. During the holidays, she transformed into the commander-in-chief of a household operation with the goal of celebrating the holidays. Every family member was assigned a task, and meals were dictated by long family tradition. A tamale making assembly line was organized for the Christmas Eve (Noche Buena) meal, various sweet and savory dishes were prepared over several days, and there was always anxiety over finding a suitable turkey (un buen guajolote) for Christmas Day (Navidad) dinner. The only concession to American customs was my Uncle Francisco’s job of finding a Christmas tree in a town where there were none. He always managed to find “a tree” to satisfy us kids. Many of the kids in town would come to the house to gawk at it and the decorations, and sometimes my siblings and I sang English language holiday songs for them.

Our Winter Bulletin contains much content about our members’ holiday traditions and holiday activity in general. Be sure to read and perhaps attempt the recipes for Hanukkah latkes, Swedish pancakes, and Mexican red chile tamales. Around Caltech features the Caltech post office, a hidden gem and tremendous resource. Letter writing and greeting card exchange was and is a holiday tradition for many of us. Mary Gant does an outstanding job through CWC Goodwill of writing beautifully crafted letters to commemorate our milestones throughout the year. And letter writing was the principal means of communication between my family in the U.S. and in Mexico. The letters from Mexico always arrived via air mail (correo aereo) and special delivery (entrega inmediata) which meant the mailman knocked on our door anytime of the day or night. The Mexican air mail stationery was the red, white and green tricolor and the stamps featured an illustration of an archeological find in Chiapas c. 1960.

For 2022 the CWC board has much planned. We hope to present a Women in Science panel and a Venetian Masquerade. More immediately, our Holiday Luncheon sold out, and I look forward to seeing you December 9 at the Athenaeum.

I am grateful for all you do for the CWC and our community. I wish all of you a happy and healthy holiday season.

Gloria Mullendore
Upcoming Programs & Events

**Holiday Luncheon**
We’re so excited to be able to host our Holiday Luncheon at the Athenaeum on December 9th. This event is already sold out, but we hope to have more in-person events as we go forward. Any questions about the Holiday Luncheon, contact Barbara Weber at gobarbweb@gmail.com

**Panel of JPL Women**
We are planning to host a panel of women from JPL early next year. We are excited to learn about these women’s career paths at JPL, their current work, and advice for other women pursuing STEM careers. The details will be forthcoming, so watch your email for sign up information.

**CHATS**
We will be having a campus tour for CWC members on Thursday January 20th, 2022. Enjoy an outdoor tour of campus led by docents of the Caltech History & Architectural Tour Service. The tour will start at 10:30 am and departs the Athenaeum at 551 South Hill Avenue.
Regular CHATS tours will begin again on January 27th, 2022.

**Playreaders**
Performing 37 Postcards Tuesday, January 11, 2022, 7:30 pm
A homecoming, at first comical, turns into something else altogether, a genuine reckoning for all with both the joys and the painful realities of life. The family’s denial of reality evokes the line from Man of La Mancha: “perhaps maddest of all is seeing life as it is and not as it should be.”

**Venetian Masquerade**
Get ready for a party to celebrate being back together coming in April 2022. We are preparing a venetian masquerade party for an evening to delight the senses. It’s not too early to start thinking about costume ideas for a night on the town with the CWC. Watch your email and the next Bulletin for more details.

Stay up-do-date with CWC events with the calendar at www.cwclub.caltech.edu/calendar.
After a long year of mostly online interaction, the CWC is finally exploring around town and hosting events and activities.

From scenic walks to outdoor lunches, a trip to the Huntington, and the Playreaders first live performance in over a year, life is beginning to feel a little more social off the screen.

Getting together with members, attending an event, or joining an activity group is the best way to get to know CWC members and make lifelong friends.

Maybe you’ve thought about trying out an activity group or stopping my a lunch, but you don’t know anyone.

The thing about the CWC is that we were all the new person at one point, and that’s a feeling we understand. So please feel free to reach out if you’d like to attend. We’d love to get to know you!

If you want to know more about joining an activity group, check out the Activities Guide on pages 24-25.
The Scenic Walkers embarked on their first walk of the academic year at the Pasadena Lower Arroyo. It was a delightful morning filled with native Pasadena flora and fauna and camaraderie among the participants.

Pictured are regular scenic walkers, Eva Schilk and Cheryl Palfrey, guided first timers Meade Johnson and Gloria Mullendore.

Get Ready for a Venetian Masquerade

coming in April 2022
On Tuesday, November 9th a small group of CWC members and friends joined the regular Tuesday noontime Caltech Birdwalk group. Alan Cummings led the group and kept track of the birds observed on a custom checklist which listed the probability of seeing certain species during that week in November. We spotted 24 different species: including 15 of both yellow rumped warblers and bushtits, 9 acorn woodpeckers and 1 red-whiskered bulbul. The chance of seeing a mallard was listed at 43%, but we had to wait until the end of the route to spot one relaxing near the turtles at Throop Memorial Garden. This was a great opportunity to slow down and explore different areas on and around campus with a friendly group of birdwatchers.

Equipment tips: For birdwatching the group recommended looking for binoculars that were 10 x 42 (10 being magnification power and 42mm diameter) and several members wore binocular harness straps that take the weight of the binoculars off the neck.
In November the Playreaders performed *The Lying Valet*. It was their first live performance in over a year. The performance met with rave reviews!

Pictured from l. to r. are Cara King (director), Joshua Zeller, Matthew Rolufs, Carrie Ancker, Cierina Marks, Elizabeth Freeman, Duane Howard, Barbie Insua, Todd Brun, Janet Stone and Calum Chisholm

Several members gathered together to eat lunch and catch up at a member welcoming. Watch your email for more impromptu member welcomings throughout the year.

Pictured are Mariella Soprano, Katie Clark, Gloria Mullendore, Marjie Weinreb, Pat Smith, and Donna Burdick. Picture by Regina Birkhofer
On October 21st CHATS traveled to Occidental College to the Moore Lab of Zoology to learn about the renovation work done by CO Architects and see firsthand the research taking place there. CO were the architects for Caltech’s CAST Lab (Center for Autonomous Systems & Technologies) which renovated the first floor of the 1940s von Karman Building and added a 3-story tall drone testing arena critical to the study of autonomous drones, robots and satellites.

The Moore Lab contains 65,000 vintage bird and mammal specimens and conducts cutting-edge research which combines vintage specimens with modern DNA technology with the goal of understanding how Earth’s biodiversity evolved and where it’s headed. The renovation work involved removing walls, creating open space and installing cutting edge lab features. A stunning floor to ceiling mural depicts various bird specimens “from the sea to the sky” and illustrates the focus of the lab. A guided tour was conducted by John Mc Cormack, PhD, director and curator.

CHATS is back in business! Consistent with the resumption of offerings by Caltech Public Events our monthly Community Tours begin January 27, 2022. Monthly tours are held on the 4th Thursday of the month, meet in front of the Athenaeum and begin at 10:30 a.m. Contact Caltech Campus Programs at 626.395.4654 for reservations or contact us directly at chats.caltech@gmail.com
I know I'll always think of you with something like hurt and nostalgia.
– Sylvia Plath, from a letter to Ann Davidow-Goodman written c. March 1950

People are always telling me I'm tough. Maybe because I've survived so much. Inside, I feel like cooked broccoli, and I don't mean the stalks which should be crisp and tasty. I mean the heads that fall apart when you cut them.
– Anne Sexton, from a letter to Stanley Kunitz written c. February 1971

I am so happy you are proud of me, although I don't know what for. I am just surviving.
– Martha Gellhorn, from a letter to Ernest Hemingway c. July 1941

I feel confident I should make my own life - and you have always made yours.
– Vivien Leigh, from a letter to Laurence Olivier written c. November 1958

Or don't you like to write letters? I do because it's such a swell way to keep from working and yet feel you've done something.
– Ernest Hemingway

Letters are among the most significant memorial a person can leave behind them.
– Johann Wolfgang von Goethe
One important way that the CWC stays connected with members is by sending cards. Each year the CWC sends cards to its members for encouragement or when they experience a loss. The CWC also sends thank you cards to members when they donate to the CWC. For the last couple of years, Mary Gant has been the person behind the cards. Get to know Mary and learn more about the CWC’s goodwill mission.

How long have you been in the CWC?  
Since the 1970’s

What brought you to the CWC?  
My husband was at JPL and I got invited, which is why I belong to many other organizations and groups.

How did you decide to become the goodwill letter writer for the CWC?  
Barbara Weber asked me, I said, ‘No’ which Barbara never accepts.

What do you enjoy about the role?  
It keeps me involved but I cannot attend board meetings because they are the same day/time as my Kiwanis meetings that I have been a member of since 2002. I donate my time, the expense of the cards, letters and stamps, it’s a way for me to give back to CWC.

What is one thing people might find surprising about the role?  
This is a good way to know what is happening with members and to be able to say a prayer for them at the same time as sending notes.

Do you have a favorite pen you use when writing?  
No, whatever happens to be handy, the important thing is to let people know that CWC cares.

What are your thoughts about handwritten notes in a digital world?  
I hand write sympathy and ‘thinking of you notes, and I have a form letter I created for donations.

Do you write letters outside of your good will role?  
I’m a phone caller, find that more personal, but add a personal note to my family and friends on any card I send. Phone calls tend to be an hour long because they are catching up typically with those I haven’t seen in a while.

Do you have any particular hobbies you enjoy?  
I love to exercise, walk, and be with friends which is a great way to walk and talk. Also, I’m a reader, always have a book going. People inspire me and being with others is such a comfort.

Do you have a favorite writer or book?  
I love historical fiction but will read almost anything, I have several very trivial series that I have thoroughly enjoyed, I call them ‘beach reads.’

I am a community volunteer. Every organization I belong to and serve is one that I was invited to, so invite others to join you in whatever you are doing. Currently, besides being on the CWC board, I am on the Kiwanis Club of La Cañada, the La Cañada Flintridge Chamber of Commerce and the Community Scholarship Foundation of La Cañada Flintridge boards. Each one is different; each one is inspiring. Family, community, and church have their own rewards. I have an adult granddaughter living with me and another close by as well as our daughter, Brenda, also a CWC member, and her husband, Jeff, near me.

As we age and lose our spouses and friends, we find that friendships are very important, and I thank the CWC club for the many friendships I’ve acquired over the years. The Zoom CWC Wine Tasting group has been wonderful during Covid!  
-Mary Gant
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Now Enrolling
Ages 2½ - 5
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Caltech Playreaders Presents

37 Postcards

Written by Michael McKeever
Directed by Todd Brun

Tuesday,
January 11, 2022
7:30 pm
Athenaeum Hall of Associates
Wearing a mask and proof of vaccination are required to attend
3 eggs
1 cup flour*
2 cups milk
dash of salt
dash of sugar
butter

Beat the eggs. Alternate adding flour and milk. Mix gently until they are incorporated. Add the dash of salt and dash of sugar.

Butter a frying pan.
Pour a thin layer of the batter into the buttered frying pan.
Flip when golden brown.
Fold and place on a serving dish.
Top or fill with toppings.
You can use savory toppings such as mushrooms, shredded chicken, etc. or sweet toppings such as whipped cream, fruit, nuts, lingonberry or other jam, maple syrup, etc.

The possibilities are endless!

*For a healthier alternative, use einkorn flour instead of regular all-purpose flour

adapted from www.thekitchn.com/swedish-pancakes-22948856

shared by and in memory of
Gunilla Hastrup
a beloved member of the CWC 1929-2021
Traditional Potato Pancakes or Latkes

This is a simple Hanukkah recipe our family loves above all others.

It is adapted from a recipe by Melissa Clark featured in the *The New York Times*.

- ~1 pound (~2 large) Russet potatoes, cleaned, unpeeled and cut into quarters
- 1 (~8 ounces) large onion, peeled and cut into quarters
- 2 large eggs
- ½ cup all-purpose flour
- 2 teaspoons kosher or sea salt
- 1 teaspoon backing powder
- ½ teaspoon black pepper
- Safflower, canola or other oil for frying

1. Using the food processor coarse grating disc, grate the potatoes and onion. (Grandma used to do this by hand!) Transfer the mixture to a clean, dry dishtowel and wring out as much liquid as possible.

2. Transfer the mixture to a large mixing bowl. Add the eggs, flour, salt, baking powder and pepper. Incorporate all the ingredients, and check that the flour is mixed through.

3. Heat a heavy pan or skillet over medium-high heat and pour in about ¼ inch of the oil. When the oil is hot, drop the batter by heaping tablespoons to the oil, and cook in batches. We cook 3 or 4 pancakes at a time, depending on the diameter of the pan. Use a broad spatula to flatten and shape the batter into rounds. When the edges are brown and crispy, about 5 minutes, flip the pancake. Cook until the pancake is golden brown, about another 5 minutes. Transfer the latkes to a paper towel-lined platter or a cookie sheet and pat off the oil. Repeat the process until all the batter is used. You can keep the latkes in a warming oven or on the lowest temperature of your oven to keep them warm.

4. It's traditional to serve the latkes with a dollop of sour cream or homemade applesauce.

5. You can freeze cooked latkes in a single layer on a cookie sheet, then place them in a sealed plastic bag. Reheat at 375 degree F in the oven; do not microwave. However, latkes are best eaten freshly made, hot off the skillet.

shared by Beryl Meiron
Did you know that Caltech has its own post office? Whenever you send mail to the CWC, the mail is delivered to our box in the back of Station 626. This post office is an official United States Post Office that has been operating since 1969. It is located on the Caltech campus in the Keith Spaulding Building and serves the Pasadena community as well. In addition to mailing with USPS, this post office also offers FedEx services with a discount.

If you ask CWC members what they think of the Caltech Post Office, many of them are quick to say it’s the best place to mail holiday packages. The post office workers are friendly, the lines are usually short, and they even have very competitive overseas rates.

Perhaps you have seen this post office’s little blue trucks that are small enough to drive almost everywhere on campus. If only these little blue trucks could talk. Imagine the things they have carried before our digital age. Correspondence between Nobel Prize winners, loving packages from parents of future scientists, news of grants accepted, preprints of groundbreaking papers.

With so many international faculty, staff, and students at Caltech, it is fascinating to think about all the places the mail from Caltech goes too. Next time you want to buy stamps or send a package to someone you care about, try the Caltech Post Office.

When it goes through the Caltech Post Office, your mail can join the mail that has changed the world.
Fun Facts

Deliver US mail and intercampus mail
Process 200,000 letters each year
Deliver to 200 mailstops on campus
Deliver 30,000 packages and parcels throughout the campus annually
Service 1000 undergrad mailboxes
Process 4500 FedEx packages annually
About the exhibition:

The acrylic, oil and aquarell paintings are inspired by the unique and atmospheric sunlight in Southern California and highlight the transitory nature of light and color.

Simplified compositions of familiar scenes of the Califonian landscape illustrate the transitional character of light and showcase the beauty of the coastal scenery. The pieces are storytelling and characterized by soft brush strokes.
In short:
The artworks of this exhibition capture the essence of light and the palette of the Southern California coast in a way we rarely see but love.

About me:
I am a mother and artist living in Pasadena with my husband and our little son. I got my masters degree in fine arts in Germany. Now I am preparing my first exhibition in LA for January 2022.

For more information contact me at schneiders.jessica@web.de
Amalia Ruiz Clark was born in Tucson, Arizona, of immigrant parents from Sonora, Mexico and was reared in a traditional family atmosphere. As the oldest of nine children, she grew up with much responsibility centered around the kitchen. It was in this traditional family environment where she learned to cook firsthand from her mother, helping and experiencing these exciting recipes; thus her appreciation for the joys, smells and trials of traditional Sonoran cooking.

After Amalia married, she continued to please her family with traditional cooking. It was her pleasure to share this rich heritage with others through this cookbook. Her husband, Tom Sr., was her constant source of support and encouragement during the writing of this cookbook. She had two daughters and a son, was a grandmother and great grandmother and made her home in Oracle, Arizona. She died in 2019 at the age of 103. Her daughter, Dee Draper, is a long term CWC member.
PASTA DE CHILE COLORADO
RED CHILI PUREE

12 red chili peppers (dry)
1 1/2 quarts hot boiling water
1 clove garlic

Remove stems and seeds from peppers. Wash in cold water then soak in hot boiling water in a covered pot for 20 minutes. Remove the peppers, save the water, and add during the grinding process.

Grind the peppers and garlic together creating a paste. Add small amounts of water until all the water has been used. A blender is an excellent means to puree the chile.

For a finer paste, sieve the ground chile.

Store in the refrigerator or freezer until ready to use.
(Yields 2 quarts for approx. 4 dozen tamales)

TAMALES DE CHILE CON CARNE DE MASA FRESCA
RED CHILE BEEF TAMALE

2 quarts Prepared Chile Con Carne (use basic recipe)
5 pounds fresh masa
1 1/2 pounds lard
1 tablespoon salt
2 - 3 cups cold tap water
1 1/2 pounds corn husks

TO PREPARE THE MASA: Whip the lard and salt until fluffy (about 2 minutes). Add masa gradually, alternating with water, until all the masa and approximately 2 cups of water are used. Beat until fluffy and test by placing small sample into a glass of water. If sample rises, masa is ready. If masa is too dry, add enough water to bring masa to a spreading consistency. Set aside.

NOTE: Use an electric mixer to whip.

TO PREPARE CORN HUSKS: Soak in hot water for about 10 minutes until husks are flexible. Wash and drain. Select the large husks for making tamales.

TO MAKE TAMALE: Spread approximately 1 heaping tablespoon of masa on the broad end of the corn husk (side to side and half way up). Place 2 heaping tablespoons of chile con carne in center and roll sides of husk together so that edges overlap. Bend the narrow end toward tamale and pinch open (opposite) edge together.

TO COOK TAMALE: To cook 2 dozen tamales, use a large pot. Crumple a piece of tinfoil to the size of a cup and place it in center of the pot. Add 2 cups of water and carefully place the tamales around the tinfoil (open end up) making sure the flap is against the foil and in pyramid fashion, until all the tamales have been assembled in the pot. Cover tightly and steam cook for about 40 minutes.

RED CHILE BEEF TAMALE CONTINUED

NOTE: Uncooked tamales will store in freezer. To cook, do not thaw, simply double the steam cooking time. (Yields 4 1/2 dozen)
The 2021-2022 Activities Guide is a mix of virtual and in-person opportunities to spend time with the CWC community. We are making attempts to gradually ease back into some activities in accordance with the current rules at Caltech, and just like we have all become accustomed to, things are in flux. Some activities like the Ath Lunches are still on hiatus, but there are many ways you can connect. So please join us at an activity when you are ready. We would love to see you there!

You can always check the website www.cwclub.caltech.edu for the most up-to-date information. If you have an idea for a new activity group, contact the CWC Activities Chair, Dema Faham at cwclub@caltech.edu.

**Playgroup**

This group of parents with young children get together for playdates and field trips. The playgroup provides mutual support for the ups and downs of parenting.

For more information contact Jessica Schneiders at schneiders.jessica@web.de

**Caltech Women’s Investment Club**

Meets monthly on second Wednesdays at 7 PM. Members learn about investing through research and discussion, and the club maintains its own investment portfolio. Meetings are currently virtual through Zoom. For further information please contact Shelley Erwin at charlotte.erwin@gmail.com.

**Book Lover’s Soiree**

Second Monday of the month at 7:30 pm. Gather for a casual, informal discussion of the selected book. We previously met at the Rath al Fresco during the summer months or the Rathskeller during the academic year, but right now we are meeting virtually.

Feel free to join us on a regular basis or just drop in occasionally for a particular book discussion. For more information contact Sonya Wierman: SonyaWierman@gmail.com

Oct 11 - *Somebody’s Daughter* by Ashley C Ford
Nov 8 - *Sansei and Sensibility* by Karen Tei Yamashita
Dec 13 - *Transcendent Kingdom* by Yaa Gyasi
Jan 10 - *Rodham* by Curtis Sittenfeld

**Morning Book Discussion Group**

Historically this group has met on the second Monday of each month at 8:00 am for breakfast at the Athenaeum and lively conversation about books. This group is currently on hiatus and in need of a leader.
The hiking group is currently on hiatus and in need of a leader. If you love the outdoors and would like to organize or lead hikes in the area, please contact Activity Chair, Dema Faham, for more information.

With holidays not sure what date we will meet but we are still meeting. One Thursday a month 5:00 pm – 6:00 pm
To get the Zoom login details, contact Vilia Zmuidzinas at viliazm@gmail.com.

Join us as we explore sights of interest in and around Pasadena. Past excursions have included the Ninth Circuit Court of Appeals, Tournament of Roses House and Pasadena Museum of History. Details coming soon on outdoor visits to local sights. Have a suggestion for an excursion? Please contact Katie Clark, ktclark@caltech.edu.
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The CWC Playgroup

is a group of parents that gathers together regularly. We think it’s so important to support each other, especially now when many of us cannot see our families.

Since the Casita, the place where we usually meet for playdates and coffee, is closed due to the pandemic, we are currently doing coffee and playdates dates outside. We try to support each other by doing curbside swaps of baby clothes, toys, and furniture. We also have a WhatsApp parents group where we share our experiences around parenthood and can ask each other for advice and tips.

If you are a new mom or dad in the Caltech community or currently pregnant and you want to join our group to share things & thoughts and build friendships, you can go sign up for the CWC membership online and then contact Jessica Schneiders at schneiders.jessica@web.de to get connected with the Playgroup. We’d love to have you join us!

Social Media

Follow the CWC on Facebook at www.facebook.com/CWCCaltech
We’d love to see you on there!

New Activity Groups

If you have an idea for a new activity group (on-going or a one-time meet up), please email Activities Chair, Dema Faham at demafaham@gmail.com

We’d love to publish the stories and creations of our CWC members. If you have a story, poem, art piece, or anything else you’d like to share, please reach out to us at cwclub@caltech.edu.
MOVING FORWARD

RENAMEING CALTECH

The Caltech Board of Trustees, in accord with recommendations from the Committee on Naming and Recognition and the Ruddock House Renaming Committee, has approved new names for campus assets and honors that previously memorialized individuals affiliated with the eugenics movement.
make it fancy with a wax stamp and seal
choose beautiful paper to make your letter even more special
Medievalis by Rossi are always a favorite
stamps can be a fun & easy way to decorate
colored or kraft envelopes can add some serious style

your favorite pencil with the perfect grip & cute dots
the pen that glides effortlessly on the page
white & colored pens & pencils to decorate envelopes

anatomy of a Letter

Use the CWC roster to write a letter to a fellow member
Find a distant relative and write a letter to connect with them
Thank a local frontline worker or community hero
Send your favorite author a letter
Write your grandchild a letter and tell them a story from your childhood
Send a letter to a friend you haven’t talked to in way too long
Write a note to encourage someone you know is having a tough time
Thank a friend just for being them and share what you love about spending time together
Write a letter to your future self
Remind a friend of the story about how you met
Join the Pasadena Conservatory of Music’s Adult Studies community!

- Individual Instruction
- Group Lessons & Ensembles
- Music History Courses*

*History courses are available to distance learners via Zoom as well as in-person students who wish to attend classes on campus.

pasadenaconservatory.org
When winter-time grows weary,
I lift my eyes on high
And see the black trees standing,
stripped clear against the sky;

They stand there very silent, with
the cold flushed sky behind,
The little twigs flare beautiful and
restful and kind;

Clear-cut and certain they rise,
with summer past,
For all that trees can ever learn
they know now, at last;

Slim and black and wonderful,
with all unrest gone by,
The stripped tree-boughs comfort
me, drawn clear against the sky.
“Now is the time of fresh starts
This is the season that makes everything new.
There is a longstanding rumor that Spring is the time of renewal, but that’s only if you ignore the depressing clutter and din of the season. All that flowering and budding and birthing—- the messy youthfulness of Spring actually verges on squalor. Spring is too busy, too full of itself, too much like a 20-year-old to be the best time for reflection, re-grouping, and starting fresh.
For that you need December: You need to have lived through the mindless biological imperatives of your life (to bud, and flower, and show off) before you can see that a landscape of new fallen snow is THE REAL YOU. December has the clarity, the simplicity, and the silence you need for the best FRESH START of your life.”
— Vivian Swift, When Wanderers Cease to Roam: A Traveler’s Journal of Staying Put

CWC Directory

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www.cwclub.caltech.edu

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Dema Faham
Activities Chair

Gloria Mullendore
President

Mariella Soprano
Program Chair

Donna Burdick
Vice President

Eman Badr
Services Chair

Beryl Meiron
Secretary

Barbara Weber
Social Events Chair

Maria Johnson Kriechbaum
Treasurer

Liz Jackman
Athenaeum Rep

If you are interested in serving on a committee, please reach out to the committee chair or Gloria Mullendore.